

# FOODLOVE CATERING

## BREAKFAST

**House Baked Bagels and Cream Cheese** 30.  
Mixed Dozen: Everything, Plain, Cinnamon Raisin

**Smoked Salmon and Bagel Platter** 45.  
Smoked Salmon, Bluefish Pate, Chive Cream Cheese, Capers, Red Onion, Tomatoes, Hard-Boiled Egg, 3 Plain and 3 Everything Bagels

**Morning Pastry Platter** 48.  
Dozen Assorted Seven Stars Artisan Pastries  
(Requires 72 hours notice)

**Coffee Service** 20.  
96 oz of Freshly Brewed Coffee, Milk, Sugar, Cups

## SIDES

### HOT (Feeds 6-8 people)

**Green Beans with Crispy Shallots** 25.  
Slivered Garlic, EVOO, Salt & Pepper

**Parmesan Roasted Brussels Sprouts** 25.

**Roasted Sweet Potato Wedges** 25.  
Spice Rubbed and Roasted

**Roasted Fingerling Potatoes** 25.

**Mashed Potato, Regular or Sweet** 25.  
Yukon Gold Mashed Potato or Mashed Sweet Potatoes

**Mushroom Leek Risotto** 25.

**Penne al Pomodoro** 20.  
Penne Tossed in Our Tomato Sauce Garnished with Parmesan Cheese

**Mac n Cheese** 25.  
Gemili Pasta, Cheese Sauce, Bread Crumb Topping

### COLD (Feeds 6-8 people)

**Harissa Lime Cous Cous Salad** 25.  
Cous Cous, Chick Peas, Kale, Golden Raisins, Harissa Lime Vin

**Ancient Grain Salad** 30.  
Farro, Tomatoes, Cucumber, Red Onion, Feta, Herbs, Lemon Vin

**Power Slaw** 25.  
Shredded Broccoli, Kale and Brussels, Chickpeas, Raisins, Lemon Tahini Dressing

**New Potato Salad with Grain Mustard** 25.  
Potatoes, Eggs, Celery, Creamy Mustard Dressing

**Mediterranean Pasta Salad** 28.  
Orecchiette, Red Peppers, Olives, Tomatoes, Red Onion, Salami, Mozzarella, Parmesan Cheese, Red Wine Vinaigrette

**White Bean Salad** 25.  
Garlic, Shallot, Fresh Herbs

## CURATED PACKAGES

**WORK LUNCH BUNDLE (Feeds up to 10 ppl)** 100.  
Includes: ½ Sandwich Platter, Greek Salad, Assorted Cookies and Bars

**DINNER PARTY BUNDLE (Feeds 8 ppl)** 190.  
Includes: Crab Cakes, Caesar Salad, Signature Lasagna, Whole Salted Caramel Cheesecake

**COCKTAIL HOUR BUNDLE (Feeds up to 20 ppl)** 205.  
Includes: Charcuterie and Cheese, Sushi Platter, Steak Skewers, Stuffed Mushrooms

**BIG GAME BUNDLE (Feeds up to 10 ppl)** 130.  
Includes: Buffalo Wings, Steak Skewers, Traditional Chips and Dip, Edamame Pot Stickers

## SANDWICHES & BOXED LUNCH

(Feeds 6-8 people)

**Assorted 1/2 Sandwich Platter** 60.  
Assorted selection: Turkey Apple and Fig, French Onion Roast Beef, Muffaletta, Waldorf Chicken Salad Croissant, Roasted Pepper Caprese

**Lunchbox (1/2 sandwich, side, dessert)** 13.50  
*choice of:* Turkey Apple and Fig, French Onion Roast Beef, Roasted Pepper Caprese  
*choice of:* Harissa Lime Cous Cous, Power Slaw or Chips  
*choice of:* Castle Hill Cookie, Raspberry White Chocolate Bar or Apple

**Tea Sandwiches (24 ea)** 40.  
Cucumber Dill Cream Cheese; Prosciutto and Fig Jam; Chicken Salad; Smoked Salmon and Caper; Strawberry Mascarpone on Mini Scone

**Individual Salads** 12.50  
Classic Caesar or Bowen's Chopped Wedge  
*Add Chicken +2.*

**Assorted Chip Basket** 17.50  
10 individual bags of chips

## HOW TO ORDER

ONLINE: [foodlovemarket.com/catering](http://foodlovemarket.com/catering) CALL: 401-236-8800

EMAIL: [catering@foodlovemarket.com](mailto:catering@foodlovemarket.com)

## SOUPS & SALADS

### SOUPS (Sold by the quart)

**Mooring Clam Chowder** 17.99  
**Boat House Shrimp Chowder** 17.99  
**Chicken Noodle Soup** 15.99

### SALADS (Feeds 6-8 people)

**Classic Caesar Salad** 30.  
Romaine, Parmesan, Garlic Croutons, Caesar Dressing

**Greek Chopped Salad** 35.  
Chopped Romaine, Olives, Tomatoes, Cucumbers, Red Onion, Feta, Red Wine Vinaigrette

**Field Green Salad** 30.  
Tomatoes, Cucumbers, Carrots, Red Onion, Croutons, Honey-Balsamic Dressing

**Bowen's "Chopped" Wedge Salad** 35.  
Iceberg Lettuce, Blue Cheese, Bacon, Tomatoes, Creamy Blue Cheese Dressing

## DESSERTS

**Castle Hill Cookie Platter (12 ea)** 30.

**GF Flourless Brownie Platter (12 ea)** 30.

**GF Castle Hill Cookie Platter (12 ea)** 30.

**Assorted Cookies and Bars (12 ea)** 30.  
3 of each Castle Hill Cookies, Brownies, Raspberry White Chocolate Bars, Magic Bars

**Key Lime Pie (9")** 25.

**Chocolate Peanut Butter Mousse Pie (9")** 25.

**Passion Fruit Cheesecake (9")** 25.

**Salted Caramel Cheesecake (9")** 25.

## PIZZA

Available 11am – 6 pm

12" x 17" | 10" Gluten Free

**Just Cheese** 18. | 15. (gf)  
San Marzano Tomato, Mozzarella, Parmesan, Romano

**Pepperoni** 21. | 18. (gf)  
San Marzano Tomato, Mozzarella, Pepperoni, Parmesan, Romano

**RI Mushroom** 24. | 19. (gf)  
Mascarpone, Mozzarella, Roasted RI Mushrooms,  
Truffle Ricotta, Chive

**Fig + Prosciutto** 25. | 20. (gf)  
Mascarpone, Mozzarella, Blue Cheese, Fig Jam, Arugula,  
Prosciutto, Arugula, Saba, Grana Padana

**Take Me to the Greek** 24. | 19. (gf)  
Spinach, Garlic, Mozzarella, Olives, Red Peppers,  
Tomatoes, Red Onion, Feta

**Bada Bing** 24. | 19. (gf)  
San Marzano Tomato, Mozzarella, Calabrese, Red Onion,  
Pepperoncini, Chili Flakes

**Sunday Gravy** 26. | 21. (gf)  
Bolognese, Mozzarella, Ricotta, Meatball, Pepperoni, Basil

**Buffalo Chicken & Blue Cheese** 25. | 20. (gf)  
Pulled Chicken, Hot Sauce, Bacon, Red Onion, Pepperoncini,  
Blue Cheese, Scallion



## MAINS (Feeds 6–8 people)

Served with your choice of sauce: Marsala Sauce, Bordelaise,  
Chimichurri, Mustard Dill Sauce

**Grilled Lemon Chicken** 40. | 10 (4oz) Breasts

**Blackened Chicken Thigh** 35. | Approx. 2.5 lbs

**Garlic Shrimp Skewers** 70. | 24 Jumbo Shrimp

**Grilled Salmon** 80. | Simply Grilled, 8 (5oz) Portions

**Grilled Pork Loin** 40. | Approx. 2.5 lbs, Grilled and Sliced

**Marinated Sirloin Steak** 90. | Approx. 2.5 lbs  
Herb Marinated, Grilled and Sliced

**Pork Osso Bucco** 50.  
Red Wine Braised Pork Shank

**Seafood Paella** 50.  
Shrimp, Chorizo, Chicken and  
Veggies in a Saffron Infused Rice

**Piri Piri Roasted Chicken** 45.  
2 Whole Chickens, Roasted  
and Quartered

**FLM Signature Lasagna** 60.  
Bolognese Sauce, Mozzarella, Ricotta

**Vegetarian White Lasagna** 55.  
Spinach, Roasted Mushrooms,  
Alfredo Sauce, Ricotta, Mozzarella

**Meatballs w/ Marinara** 45.  
Beef and Sausage (GF), House  
Pomodoro

**Avvio Chicken Parm** 50.  
Breaded Chicken Cutlet, Marinara  
Sauce, Mozzarella, Cheese Blend

**Vegetarian Baked Eggplant  
Rollatini** 40.  
Breaded Eggplant, Spinach Ricotta  
Filling, Pomodoro Sauce

## APPETIZERS

### COLD (Feeds 6–8 people)

**Charcuterie & Cheese Platter** 65.  
Sample selection: Cave Aged Cheddar,  
Great Hill Blue, Camembert, Prosciutto,  
Calabrese Salami, Truffle Pork Pate,  
Marinated Mixed Olives, Roasted Red  
Peppers, Toasted Almonds, Cornichons,  
Pickled Onions, Crackers, Local Honey,  
Fig Jam, Whole Grained Mustard

**Artisinal Cheese Platter** 55.  
Sample selection: Cave Aged Cheddar,  
Great Hill Blue, Camembert, Aged  
Parmesan, Mixed Olives, Toasted  
Almonds, Crackers, Local Honey,  
Fig Jam, Whole Grain Mustard

**Vegetable Crudité &  
Dip Platter** 35.  
Peppers, Celery, Carrots, Marinated  
Olives, Cornichons, Cucumbers,  
Asparagus, Grape Tomatoes, Green  
Beans, Radish, Red Pepper Hummus,  
Caramelized Onion Dip, Crackers

### Fresh Fruit Platter

30.  
A Selection of Sliced Melon,  
Berries and Grapes with  
Yogurt Dipping Sauce

**Shrimp Cocktail Platter** 50.  
Food Love Shrimp Cocktail, Cocktail  
Sauce, Lemon Wedges. (24 shrimp)

**Sushi Box with Assorted Rolls**  
(48 pieces) 65.

**Traditional Chips & Dips** 25.  
Kettle Chips & Pita Chips with  
Red Pepper Hummus, White  
Bean Truffle Dip

**Mezze Platter (Vegetarian)** 40.  
Red Pepper Hummus, Tzatziki,  
White Bean Salad, Tabbouleh, Feta,  
Olives, Cucumber Salad, Pickled  
Red Onion, Pita Chips

### HOT\* (Feeds 6–8 people)

**Crab Cakes (24 ea)** 75.  
Mini Crab Cakes, Lemon Caper Aioli

**Bacon Wrapped Scallops**  
(24 ea) 125.  
Sriracha Aioli

**Chips & Warm Dips** 28.  
Pita Chips & Kettle Chips with Choice  
of: Warm Spinach Artichoke Dip or  
Warm Buffalo Chicken Dip

**Portuguese Stuffed  
Clams (8 ea)** 25.  
Tabasco, Lemon

**Chicken Wings (24 ea)** 30.  
Buffalo, BBQ, or Spiced & Baked  
House-made Blue Cheese Dressing,  
Carrots, Celery

**Edamame Pot Stickers**  
(24 ea) 30.  
Sweet Chili Sauce

**Spinach & Feta Stuffed  
Mushrooms (24 ea)** 30.  
Creamy Spinach, Feta, Bread Crumbs

**Marinated Steak  
Skewers (16 ea)** 45.  
Korean BBQ Dipping Sauce

### CATERING REQUESTS REQUIRE A MINIMUM OF 48 HOURS NOTICE

\* Hot items come cold & will need no more than 30 minutes of re-heating.  
Cold items come ready-to-serve.