SOUPS & SALADS

HOT (Feeds 6–8 people)
- Green Beans with Crispy Shallots 25. Slivered Garlic, EVOO, Salt & Pepper
- Parmesan Roasted Brussels Sprouts 25.
- Black Truffle Grilled Asparagus 25.
- Roasted Sweet Potato Wedges 25. Spice Rubbed and Roasted
- Roasted Fingerling Potatoes 25. Herb Crusted
- Mashed Potato, Regular or Sweet 25. Yukon Gold Mashed Potato or Mashed Sweet Potatoes
- Mushroom Leek Risotto 25.
- Penne al Pomodoro 20. Penne Tossed in Our Tomato Sauce Garnished with Parmesan Cheese
- Mac n Cheese 25. Gemilli Pasta, Cheese Sauce, Bread Crumb Topping

COLD (Feeds 6–8 people)
- Harissa Lime Cous Cous Salad 25. Cous Cous, Chick Peas, Kale, Golden Raisins, Harissa Lime Vin
- Ancient Grain Salad 30. Farro, Tomatoes, Cucumber, Red Onion, Feta, Herbs, Lemon Vin
- Power Slaw 25. Shredded Broccoli, Kale and Brussels, Chickpeas, Raisins, Lemon Tahini Dressing
- New Potato Salad with Grain Mustard 25. Potatoes, Eggs, Celery, Creamy Mustard Dressing
- White Bean Salad 25. Garlic, Shallot, Fresh Herbs

Tea Sandwiches (24 ea) 40.
- Cucumber Dill Cream Cheese; Prosciutto and Fig Jam; Chicken Salad; Smoked Salmon and Caper; Strawberry Mascarpone on Mini Scone
- Individual Salads 12.50
- Classic Caesar or Bowen’s Chopped Wedge Add Chicken +2.
- Assorted Chip Basket 17.50
10 individual bags of chips

BREAKFAST

House Baked Bagels and Cream Cheese 30.
- Mixed Dozen: Everything, Plain, Cinnamon Raisin

Smoked Salmon and Bagel Platter 45.
- Smoked Salmon, Bluefish Pate, Chive Cream Cheese, Capers, Red Onion, Tomatoes, Hard-Boiled Egg, 3 Plain and 3 Everything Bagels

Morning Pastry Platter 48.
- Dozen Assorted Seven Stars Artisan Pastries (Requires 72 hours notice)

Coffee Service 20.
- 96 oz of Freshly Brewed Coffee, Milk, Sugar, Cups

SANDWICHES & BOXED LUNCH

Assorted 1/2 Sandwich Platter 60.
- Assorted selection: Fall Harvest Turkey; French Onion Roast Beef; Muffaleta; Smoked Salmon Croissant; Rainbow Vegetable

Lunchbox (1/2 sandwich, side, dessert) 13.50
- choice of: Fall Harvest Turkey, French Onion Roast Beef or Rainbow Vegetable Sandwich
- choice of: Harissa Lime Cous Cous, Power Slaw or Chips
- choice of: Castle Hill Cookie, Raspberry White Chocolate Bar or Apple

(Feeds 6–8 people)

SOUPS & SALADS (Sold by the quart)
- Mooring Clam Chowder 17.99
- Boat House Shrimp Chowder 17.99
- Chicken Noodle Soup 15.99

SALADS (Feeds 6–8 people)
- Classic Caesar Salad 30.
- Romaine, Parmesan, Garlic Croutons, Caesar Dressing
- Greek Chopped Salad 35.
- Chopped Romaine, Olives, Tomatoes, Cucumbers, Red Onion, Feta, Red Wine Vinaigrette
- Spinach Salad 35.
- Creamy Mustard Dressing, Bacon, Egg, Croutons, Roasted Mushrooms
- Field Green Salad 30.
- Tomatoes, Cucumbers, Carrots, Red Onion, Croutons, Honey-Balsamic Dressing
- Bowen’s “Chopped” Wedge Salad 35.
- Iceberg Lettuce, Blue Cheese, Bacon, Tomatoes, Creamy Blue Cheese Dressing

SIDES

- Yukon Gold Mashed Potato or Mashed Sweet Potatoes
- Herb Crusted
- Mashed Potato, Regular or Sweet 25.
- Yukon Gold Mashed Potato or Mashed Sweet Potatoes
- Mushroom Leek Risotto 25.
- Penne al Pomodoro 20.
- Penne Tossed in Our Tomato Sauce Garnished with Parmesan Cheese
- Mac n Cheese 25. Gemilli Pasta, Cheese Sauce, Bread Crumb Topping

CATERING

HOW TO ORDER
ONLINE: foodlovemarket.com/catering
CALL: 401-236-8800
EMAIL: catering@foodlovemarket.com
**APPETIZERS**

<table>
<thead>
<tr>
<th><strong>COLD</strong> (Feeds 6–8 people)</th>
<th><strong>HOT</strong> * (Feeds 6–8 people)</th>
<th><strong>MAINS</strong> (Feeds 6–8 people)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Charcuterie &amp; Cheese Platter 65. Sample selection: Cave Aged Cheddar, Great Hill Blue, Camembert, Prosciutto, Calabrese Salami, Truffle Pork Pate, Marinated Mixed Olives, Roasted Red Peppers, Toasted Almonds, Cornichons, Pickled Onions, Crackers, Local Honey, Fig Jam, Whole Grained Mustard</td>
<td>Crab Cakes (24 ea) 75. Mini Crab Cakes, Lemon Caper Aioli</td>
<td>Grilled Lemon Chicken 40. 10 (4 oz) Breasts</td>
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<tr>
<td>*Artisinal Cheese Platter 55. Sample selection: Cave Aged Cheddar, Great Hill Blue, Camembert, Aged Parmesan, Mixed Olives, Toasted Almonds, Crackers, Local Honey, Fig Jam, Whole Grain Mustard</td>
<td>Bacon Wrapped Scallops (24 ea) 125. Sriracha Aioli</td>
<td>Blackened Chicken Thigh 35.</td>
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<tr>
<td>*Fresh Fruit Platter 30. A Selection of Sliced Melon, Berries and Grapes with Yogurt Dipping Sauce</td>
<td>Chips &amp; Warm Dips 28. Pita Chips &amp; Kettle Chips with Choice of: Warm Spinach Artichoke Dip or Warm Buffalo Chicken Dip</td>
<td>Garlic Shrimp Skewers 70. 8 Skewers (4 Shrimp per Skewer)</td>
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<tr>
<td>Sushi Box with Assorted Rolls (48 pieces) 65.</td>
<td>Edamame Pot Stickers (24 ea) 30. Sweet Chili Sauce</td>
<td>Marinated Sirloin Steak 90. Herb Marinated, Grilled and Sliced</td>
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<tr>
<td><strong>DESSERTS</strong></td>
<td></td>
<td>Seafood Paella 50. Shrimp, Chorizo, Chicken and Veggies in a Saffron Infused Rice</td>
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<tr>
<td>Castle Hill Cookie Platter (12 ea) 30.</td>
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<td>Piri Piri Roasted Chicken 45. 2 Whole Chickens, Roasted and Quartered</td>
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<td>Flourless Brownie Platter (12 ea) 30.</td>
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<td>FLM Signature Lasagna 60. Bolognese Sauce, Mozzarella, Ricotta</td>
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<tr>
<td>GF Castle Hill Cookie Platter (12 ea) 30.</td>
<td>Assorted Cookies and Bars (12 ea) 30. 3 of each Castle Hill Cookies, Brownies, Raspberry White Chocolate Bars, Magic Bars</td>
<td>Vegetarian White Lasagna 55. Spinach, Roasted Mushrooms, Alfredo Sauce, Ricotta, Mozzarella</td>
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<tr>
<td>Key Lime Pie (9&quot;) 25.</td>
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<td>Meatballs w/ Marinara 45. Beef and Sausage (GF), House Pomodoro</td>
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<tr>
<td>Chocolate Peanut Butter Mousse Pie (9&quot;) 25.</td>
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<td>Avvio Chicken Parm 50. Breaded Chicken Cutlet, Marinara Sauce, Mozzarella, Cheese Blend</td>
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<tr>
<td>Passion Fruit Cheesecake (9&quot;) 25.</td>
<td>Passion Fruit Cheesecake (9&quot;) 25.</td>
<td>Vegetarian Baked Eggplant Rollatini 40. Breaded Eggplant, Spinach Ricotta Filling, Pomorodo Sauce</td>
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<tr>
<td>Salted Caramel Cheesecake (9&quot;) 25.</td>
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<td><strong>CATERING REQUESTS REQUIRE A MINIMUM OF 48 HOURS NOTICE</strong></td>
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*Hot items come cold & will need no more than 30 minutes of re-heating. Cold items come ready-to-serve.*